

Pre-Operative Instructions for Blepharoplasty

1. Please see the enclosed medication list with respect to avoiding medications that can contribute to bleeding particularly including aspirin
2. Please shower the morning of surgery.
3. A friend or family member should bring you to the surgery center and drive you home after surgery. Plan to be in the office from one to three hours depending on the area involved.
4. Pre-operatively, if you have any questions, call the office between nine to five during the week. Post-operatively, you may call the doctor on call at any time.
5. Bring all medications you take with you the day of surgery for us to verify.
6. Nothing to eat or drink after midnight the night before surgery.
7. Please take any heart or blood pressure medication you have with a sip of water the morning of surgery.
8. Please do not wear any makeup, and remove all nail polish.
9. Please take all prescribed medication after surgery as directed, until gone.