

Post-Operative Instructions

1. Apply ice bags or frozen corn in bag as continuously as possible for the first 36 hours (20 minutes every hour). Begin using heat by applying a moist washcloth or hot water bottle for 20 minutes, 2 times a day after 48 hours.
2. Elevate head (use 2-3 pillows or sleep in a recliner chair) after eyelid surgery for the first 2 nights.
3. Apply ointment to incisions three times a day. Apply small amount in the eyes at bedtime. Your vision will be blurry when ointment is used.
4. No make-up to incisions for three weeks.
5. No strenuous exercise for the first 48 hours, then normal activity unless otherwise directed.
6. Bathing and hair washing may resume immediately. Avoid direct shower pressure on all incisions.
7. No aspirin or aspirin products for one week after your operation. (Tylenol may be used).
8. Clean incisions gently with moist cotton balls as needed.
9. Use pain medications as directed.
10. Use all other medications as directed.
11. Avoid bumping the incision sites.
12. Call Novus Clinic at 330-630-9699 at any time of the day or night if problems or questions should arise.
13. Call the office today or tomorrow morning at 9:00 a.m. regarding your follow-up appointment if you have not received one already.